



Julie Meshak, Patient Access, took this picture just after 7am last week as this guy was making his way in front of the Aquatic Center!

A Weekly Update
For The Employees of
North Central Health Care

NEWS YOU CAN USE

WEEKLY CONNECTION WITH OUR TEAM



"EMERGENCY PREPAREDNESS IS A TEAM SPORT"-ERIC WHITAKER

This last week our organization experienced two events that proves this quote to be true. It means having a plan in place to make sure people are safe, to ensure operations continue as best as possible and designed so that we can effectively come together to

act accordingly. This can only happen through planning, preparation, and practice. This is how we prevail when faced with situations that require us to respond.

On Wednesday, we prepared and put into action response procedures for the severe weather threat facing our area. (See below for a picture from Marathon Park). Internal response went as planned, thankfully no one was hurt, and no damage suffered.



On Friday, we had yet another opportunity. If you look closely at this picture, towards the middle, you'll see two black lines that are laying in the dirt. Those lines are what was responsible for the day long internet and phone outage we experienced. It was a day that was challenging to say the least, tried our patience at times, and tested our back up processes.



Each situation whether planned or unplanned presents us with things we can learn from to be even more prepared. This week, we will be reviewing these events with an eye for improvement. I'm proud of how this organization comes together. I am impressed by everyone that does their part to make sure we can accomplish minimal disruption to services-thank you to everyone for all you do every day! Just like the small wires above, which were responsible for something that had a big impact on all of us, all the small things you do every day contributes to a big impact on everyone and everything around you-keep up the good things you do, it matters!

Jennifer Peaslee
Compliance Officer

Jennifer Peaslee

ADMINISTRATOR ON-CALL
x4488 or 715.848.4488

Monday, June 20 –
Sunday, June 27

Tom Boutain



Renovation & Hard Hat Update **2**

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Person-Centered
Shout out



Tiffany Pluger,
Outpatient Psychiatry

Why: Collaborating on a case to provide best support

Submitted By:
Carrie Paisar





DOOR #33
ATTENTION
June 13 – July 8*
This Entrance Will
Be Closed Due to
Construction *Approximately

EMPLOYEES:
Use Employee Door#45
located in the Loading Dock
Across the Driveway from
Crisis Center Entrance or
Main Entrance at Door#13



WAUSAU CAMPUS EMPLOYEES DOOR #33 EMPLOYEE ENTRANCE CLOSURE NOTICE

Door #33, which is the employee entrance from the rear parking lot that enters near Purchasing/Finance will be closed, beginning Monday, June 13.

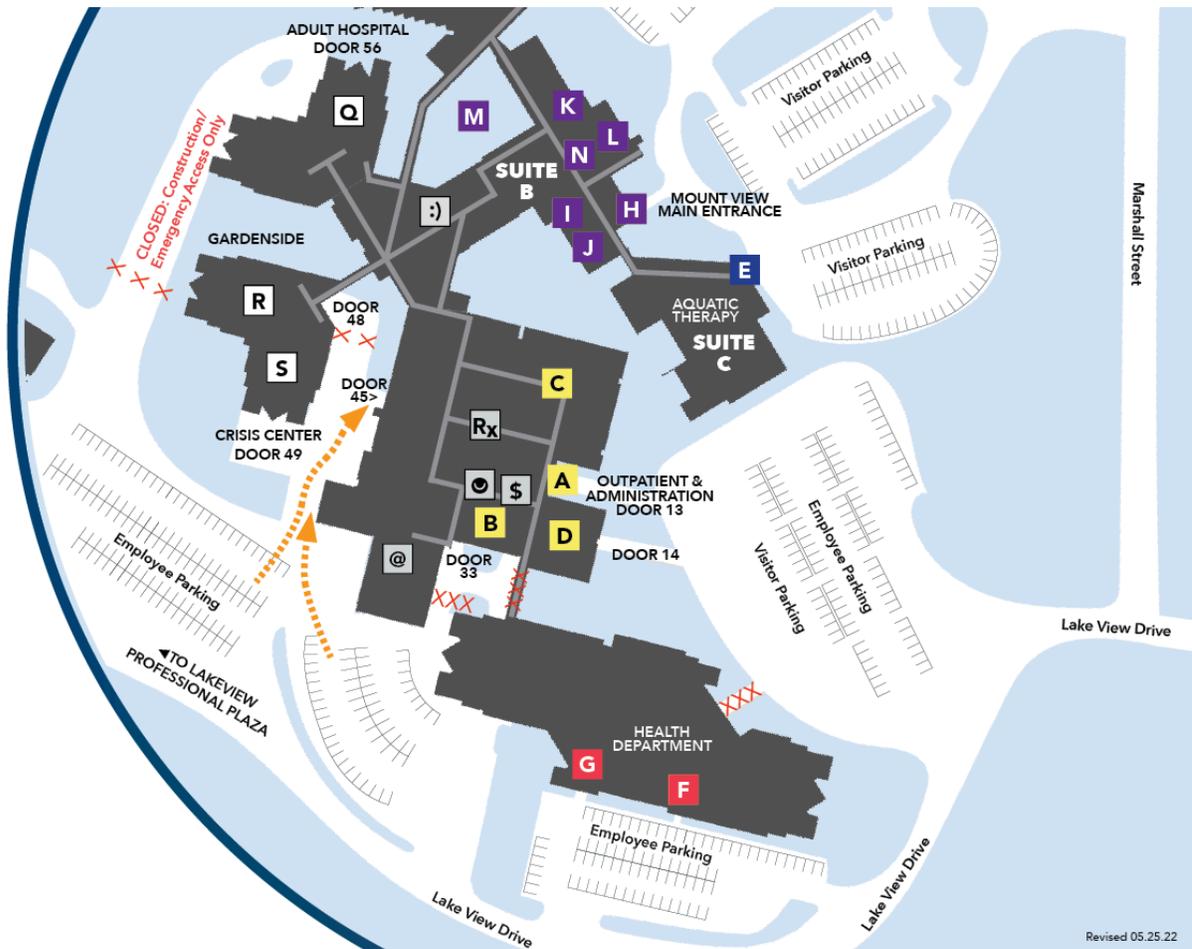
Employees are to use badged entrance at Door #45, which is just past the Crisis Center entrance to the right next to the loading docks. There are signs directing staff where to go. When you enter Door #45, turn right and follow the hallway past the Transportation Office and Mail/Copy Room. You will go through the double doors into the hallway near Human Resources.

SEE MAP BELOW!

You may also park in the front of the building and enter Door #13, main entrance, however **DO NOT PARK IN 2 ROWS CLOSEST TO BUILDING**. These are reserved for clients for Outpatient.

Door #33 will be closed from June 13–July 8, approximately.

If you have any issues entering Door #45, please call Sarah Rothmeyer at 715.848.4579.





CURRENT EMPLOYEES! LOOKING TO PICK UP EXTRA SHIFTS? CONTACT HUMAN RESOURCES ABOUT OPPORTUNITIES IN RESIDENTIAL SERVICES!

For questions, contact Petti Mannel, Christina Harris or Jami Collins in Residential



Here's how it works...

Step 1: Tell Us About Your Recruit

Text "Refer" to 715.598.3663

Email HResources@norcen.org

Complete Referral Form in Human Resources

Step 2: Meet Required Criteria

You and your recruit must be in good standing throughout this period and have no written warnings for attendance or other performance.

Step 3: Get Paid!

When your recruit joins the NCHC Team, and you both have met the referral requirements YOU will earn the following:

\$250 After 90 days | Employees below .5FTE status

\$500 After 90 days | Employees .5FTE status or above

We value your referrals and know that together we can strengthen our North Central Health Care team. That's why earning some extra cash for your employee referrals has never been simpler. So text that friend, and get the ball rolling.

REFER A FRIEND TO AN OPEN INTERVIEW FOR A CHANCE TO EARN SOME REFERRAL CASH!

Visit Our Website at
norcen.org/Careers
for the latest Job Opportunities!

SHARE NCHC JOB POSTINGS
ON SOCIAL MEDIA!



Residential Services Open Interview Series

JOIN OUR TEAM!



NOW HIRING!

RESIDENTIAL CARE ASSISTANTS (RCA's)

- ✓ \$14-16 STARTING
- ✓ FULL BENEFITS
- ✓ PART/FULL TIME
- ✓ AM/PM SHIFTS

OPEN INTERVIEWS

Interested in joining our team or learning more? Swing by any of the open interview sessions listed below for an on-the-spot interview and tour. Lunch Provided!

WALK INS WELCOME!

TUESDAY, JUNE 21, 10AM - 3PM
1408 Bissell Street
9205 Andrea Street
5006 Chadwick Avenue
5010 Heather Street

WEDNESDAY, JUNE 22, 10AM - 3PM
2400 Marshall Street, Suite B

WHAT IS A COMMUNITY BASED RESIDENTIAL FACILITY (CBRF)?

North Central Health Care operates several Community Based Residential Facilities, which are congregate living settings serving developmentally disabled individuals who are ambulatory, semi-ambulatory or non-ambulatory, but may not be capable of exiting the property without assistance., licensed by the State of Wisconsin. Our CBRF locations include:



BISSELL STREET
1408 Bissell St,
Wausau



CHADWICK STREET
5006 Chadwick Ave,
Schofield



ANDREA STREET
9205 Andrea St,
Weston



HEATHER STREET
5010 Heather St,
Schofield

REGISTER ONLINE AT NORCEN.ORG/OPEN-INTERVIEWS

Open Interviews for ALL OPEN POSITIONS

WAUSAU MAIN CAMPUS
2400 Marshall Street, Suite B

WEDNESDAY, JUNE 22, 10AM - 3PM



Marathon County
Employees Credit Union

Wishing You a Very *Happy Father's Day* from
Marathon County Employees Credit Union!



See MCECU for All Your Financial Needs!

www.mcecu.org
715 261-7680
400 East Thomas Street
Wausau, WI 54403

HRinsights

Position Posting

Title: Residential Care Assistant

Status: Full Time Shift: AM & PM

Location: Residential Services - Wausau

The Residential Care Assistant is responsible for the general operation of a group home/supported apartment settings for adults with developmental disabilities and/or chronic mental illness.

Apply online at <https://bit.ly/3Mh7xFG>



What's It Like to
Work as A Residential
Care Assistant?

Visit www.norcen.org/RJP
and watch Our
Realistic Job Preview Video!

Position Posting

Title: Manager of Crisis Services

Status: Full Time Shift: AM/PM

Location: NCHC Main Campus, Wausau

The position includes direct supervision of Crisis program staff, supervision of the care and services provided to clients accessing Crisis services in accordance with DHS regulations and NCHC best practices and standards of care, program workflows and day-to-day operations, and work with community and NCHC partnering programs. The position also includes education provision and participation in the Acute Care services on-call rotation.



NEWS, UPDATES, LINKS, STORIES,
PHOTOS, VIDEOS AND JOBS!
GET SOCIAL!



SUMMER FOOD
SUMMER FUN!

Healthy meals for kids and teens. FREE!

No need to sign up or apply—just show up and enjoy!



Location and Time(s) of Meals:

June 8th – July 21st
(No Meal Service July 4th or 5th)
Wausau East High School (Mon – Thur)
Breakfast 7:15 – 8:15 a.m. Lunch 11:00 – 11:30 a.m.

Contact:

Wausau School District
Nutrition Services
715-261-0806

More Info:

wisummerfood.org or call 211
Text: 'food' to 304-304 for meals near you.



SCAN ME

This institution is an equal opportunity provider.



WHAT'S FOR LUNCH?

WAUSAU CAMPUS EMPLOYEE CAFETERIA



BREAKFAST HOURS

9 AM – 11 AM

LUNCH HOURS

MONDAY – FRIDAY

11:30 AM – 1:30 PM

HOT FOOD BAR \$.45/OUNCE
(Weekdays Only)

GRAB-N-GO HOURS

MONDAY – FRIDAY

9 AM – 5:30 PM

WEEKENDS:

GRAB-N-GO ONLY

JUNE 20 – JUNE 24, 2022

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Baked Ham Steamed Broccoli Baked POTato	Roasted Chicken Breast Green Beans Rice Pilaf	Meatloaf Stewed Tomatoes Mashed Potatoes	BBQ Pork on Bun Creamed Corn Fried Potatoes	Baked Cod Vegetable Blend Sweet Potatoes
SOUP	Navy Bean Soup	Vegetable Beef Soup	Cream of Potato Soup	Hobo Soup	Tomato Soup
DESSERT	Fruited Gelatin	Sliced Baked Apples	Carrot Cake	Mandarin Oranges	Fruit Mix

TALK WITH AN ADVISOR ABOUT THE WDC PROGRAM!

Let's talk
retirement



Helping You Turn
Over a New
Retirement Leaf

INDIVIDUAL RETIREMENT SESSIONS

with Shawn Bresnahan

Thursday, July 7th | Antigo, Conference Room | 9am-11am

Thursday, July 7th | Wausau, Badger Room | 1-4pm

*Thursday, Aug. 4th | Pine Crest, Admin Conf. Rm | 9-11am

*Thursday, Aug. 4th | Wausau, Conference Room | 1-4pm

Thursday, Sept. 1st | Wausau, Badger Room | 10am-2pm

*Thursday, Oct. 6th Antigo | Conference Room | 9am-11am

*Thursday, Oct. 6th Wausau | Badger Room | 1-4pm

*Thursday, Nov. 3rd Wausau | Badger Room | 9am-11am

*Thursday, Nov. 3rd Pine Crest | Admin Conf. Rm | 1-2:30pm

*Thursday, Dec. 1st Wausau | Badger Room | 10am-2pm

*registration available 90 days before session date

JOIN THE CONVERSATION!

Meeting with your Wisconsin Deferred Compensation Retirement Plan Advisor is an easy way to help make sure your savings and spending strategy fits you and your future. Schedule a one-on-one appointment. Additional virtual meeting dates and times can be found online.

BRING TO YOUR ONE-ON-ONE MEETING:

- ✓ WRS statement
- ✓ Social Security statement
- ✓ Other retirement account info
- ✓ Current paycheck stub (if applicable)
- ✓ WDC login information (if known)

REGISTER AT:

https://nc_wisconsin.timetap.com/#/



THE BISTRO

MONDAY - FRIDAY | 7:30AM - 3PM
HOT FOOD AVAILABLE UNTIL 2:30PM

PANINI OF THE WEEK



TURKEY | CHEDDAR | SPINACH | ONION

PANINI FORECAST

6.27 | BLT

BACON | LETTUCE | TOMATOES | MAYO

7.4 | TURKEY BACON AVOCADO

TURKEY | BACON | PROVOLONE | GUACAMOLE

7.11 | BUFFALO CHICKEN

BUFFALO CHICKEN | 3 CHEESE | CARAMELIZED ONION

LATTE OF THE WEEK



WHITE COW

WHITE CHOCOLATE
CHOCOLATE SAUCE

**KICK START YOUR WEEK WITH
\$1 OFF ANY LARGE LATTE EVERY MONDAY!**

**GIFT CERTIFICATES & PUNCH
CARDS AVAILABLE NOW!**



SCAN AND LEAVE US
SOME FEEDBACK!



CASH, CREDIT OR QUICKCHARGE PAYMENTS ACCEPTED | ALL SALES SUBJECT TO SALES TAX



ManageWell[®] 2.0

TIP OF THE WEEK: FOOL PROOF STRESS RELIEVERS

Improve your quality of life and stress less with these effective ideas.

It's a fact of life: Everyone experiences stress. But when it goes unmanaged, daily stress can harm your health and reduce your quality of life. Fortunately, stress doesn't have to overcome or overwhelm you. Gain control and live better with these stress-reducing suggestions:

MAKE A LIST. Write a to-do list. Prioritize what has to get done and tackle one item at a time.

TAKE CARE OF YOURSELF. Get enough sleep and eat a healthy diet.

EXAMINE YOUR STRESSORS. Try to identify the problem at its root. Ask yourself if you can change the situation. If you can't, look for ways to improve your ability to cope with it.

MIND YOUR SCHEDULE. Don't take on too many responsibilities or agree to attend too many social events. If you're overwhelmed, eliminate some obligations or share the work.

TALK IT OUT. Call on the support and guidance of good friends and family.

EXERCISE REGULARLY. Almost any form of physical activity can boost your mood and fight stress.

LEARN TO RELAX. Meditation, deep-breathing exercises and yoga are all good techniques to try.

HAVE FUN. Spend time with people who make you laugh or doing a hobby or other activity that you enjoy.

VISUALIZE SUCCESS. Imagine how difficult situations might be resolved in a less stressful way.



RECIPE OF THE WEEK: ZUCCHINI BREAD

NUTRITION

Serving Size: 1 slice, 141 Calories, 22 g Total Carbohydrate, 0 mg Cholesterol, 2 g Dietary Fiber, 2 g Mono-Unsaturated Fat, 4 g Protein, 0.5 g Saturated Fat, 103 mg Sodium, 5 g Total Fat

INGREDIENTS

- | | |
|--------------------------------|------------------------------|
| 6 egg whites | 1 teaspoon baking powder |
| 1/4 cup canola oil | 1 teaspoon baking soda |
| 1/2 cup unsweetened applesauce | 3 teaspoons ground cinnamon |
| 1/2 cup sugar | 2 cups shredded zucchini |
| 2 teaspoons vanilla extract | 1/2 cup chopped walnuts |
| 1 1/4 cups all-purpose flour | 1 1/2 cups crushed pineapple |
| 1 1/4 cups whole-wheat flour | |

DIRECTIONS

Heat the oven to 350 F. Lightly coat two 9-by-5-inch loaf pans with cooking spray.

In a large bowl, add the egg whites, canola oil, applesauce, sugar and vanilla. Using an electric mixer, beat the mixture on low speed until thick and foamy.

In a small bowl, stir together the flours. Set 1/2 cup aside. Add the baking powder, baking soda and cinnamon to the small bowl of flour.

Add the flour mixture to the egg white mixture and using the electric mixer on medium speed, beat

until well-blended. Add the zucchini, walnuts and pineapple and stir until combined. Adjust consistency of the batter with the remaining 1/2 cup flour, adding 1 tablespoon at a time. The batter should be thick and not runny.

Pour 1/2 of the batter into each prepared pan. Bake until a toothpick inserted into the centers of the loaves comes out clean, about 50 minutes. Let the bread cool in the pans on a wire rack for 10 minutes. Turn the loaves out of the pans onto the rack and let cool completely. Cut each loaf into 9 1-inch slices and serve.



Employee Health & Wellness Center

1100 Lake View Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256
MyAspirus.org

M, W, F: 8AM - 4:30 PM
TUES: 6:30 AM - 3PM
THURS: 9:30 AM - 6PM



For more articles, log in to ManageWell <https://managewell.com/login.html>



WALK TO END ALZHEIMER'S
alzheimer's association

GET THE DREAM TEAM BACK TOGETHER FOR THE 2022 WALK TO END ALZHEIMER'S WAUSAU!

2022 Team KICK-OFF

SCONNI'S ALEHOUSE & EATERY
Tuesday, June 21 from 5:30 to 7:30 pm

IT'S TIME TO GET THE TEAM BACK TOGETHER!

Bring your friends, family, co-workers and neighbors to Scanni's Alehouse & Eatery, 1239 Schofield Ave. on Tuesday, June 21 from **5:30 to 7:30 pm** to get the excitement going for the 2022 Walk to End Alzheimer's® in Wausau! One drink ticket per person & pizza will be provided.

Already registered for the Walk? Please still attend!

We will have lots of information about the 2022 Walk to End Alzheimer's and a special gift for 2021 and 2022 Champion's Club Members.

RSVP to Walk Manager: Lisa Berry at LLBerry@alz.org and 715.861.6173

Senior Farmers' Market Nutrition Program 2022

The Senior Farmers' Market Nutrition Program (SFMNP) gives **\$25** of vouchers to eligible seniors (age 60 and older) to purchase **Wisconsin GROWN FRESH FRUITS, VEGETABLES, & HERBS** from approved markets and roadside stands.



Who is Eligible? An eligible person must meet **all** of the following requirements:

- Is a resident of Lincoln, Langlade, Marathon or Wood County;
- Is 60 years or older, or a Native American 55 years or older,

AND

- Has a monthly household income that meets program eligibility guidelines
 - 1-person household \$2,096 per month
 - 2-person household \$2,823 per month
 - 3-person household \$3,551 per month
 - 4-person household \$4,279 per month



How Does the Program Work?

Eligible seniors receive \$25 in vouchers per household. Vouchers can be used to buy WI grown fresh fruits, vegetables, and herbs at approved farmers' markets or roadside stands. Vouchers are good until October 31, 2022.

How Do I Get The Vouchers?

Vouchers are distributed on a first-come, first-served basis **June 1 - September 30**. Call the **ADRC-CW 888-486-9545** and ask for the senior farmers' market vouchers.

ADRC-CW staff will ask for eligibility information and mail the application to you. You will review the application information, sign, and mail it back to the ADRC in the envelope provided. Once the signed application is received, vouchers will be mailed to you.



AGING & DISABILITY RESOURCE CENTER OF CENTRAL WISCONSIN TOLL-FREE 888-486-9545

ANTIGO 715.627.6232	MARSHFIELD 715.384.8479	MERRILL 715.536.0311	WAUSAU 715.261.6070	WI RAPIDS 715.421.0014
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In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) regulations and policies, the ADRC-Agency, offices, and employees, and individuals participating in or administering the USDA program are prohibited from discriminating based on race, color, national origin, sex, disability, age, or marital status in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g., Braille large print, audiotape, etc.) should contact the Agency Office at 800-486-9545. Individuals who are deaf or hard of hearing should call USDA through the National Relay Service at 800-877-8739. Materials and information may be made available in languages other than English. To file a complaint of discrimination complete the USDA Program Discrimination Complaint Form (AD-3027) found online at <http://www.usda.gov/complaint>, and an any USDA office or write a letter addressed to USDA and provide to the administrator in the office to whom your complaint was filed. (USDA does not accept complaints by e-mail.) 11/2010-AD-3027-9002-1002 or email usda.nondiscrimination@usda.gov. This institution is an equal opportunity provider.



INTERESTED IN HELPING ORGANIZE THE NCHC ALZHEIMER'S WALK TEAM?

Are you interested in joining the NCHC ALZ Team to help organize efforts for the 2022 Walk to End Alzheimer's? Employees from all 3 counties will work together to support our NCHC ALZ Team efforts. This is just a form to express your interest. You will receive information about our team efforts, meetings, maybe help plan some fundraisers or activities. This is not a sign up for formal committee. You can participate in the Walk this September, without being a member of the planning team (*but hey, this is a lot of fun, so sign up!*)

Typically a group of employees lead the volunteer efforts at NCHC to support the local ALZ Walk to End Alzheimer's. If you are interested, want more information, or want to be a group leader, fill out the form at the link below and we will be in contact with you!

Thanks for your interest and for helping to End Alzheimer's!

Join the Planning NCHC Team!
<https://forms.gle/DJfGMZ1hS9Tp593X7>



NCHC Covid-19 Weekly Status Report | June 16, 2022



Wear a Mask – Maintain Social Distance – Wash Your Hands – Stay Home If You Are Sick. Managers report in SafetyZone ASAP.

Report Symptoms and Covid-19 Exposures to Your Manager Immediately. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. **Questions: Employee Health 715.848.4396**

Staff will **continue to screen**, report symptoms and **not report to work if experiencing any signs of illness**. Staff are required to use PLT or take unpaid leave due to symptoms or exposure. **Questions: Employee Health 715.848.4396**

GENERAL PPE GUIDELINES

The General PPE Guidelines below are in place at all times, regardless of the Alert Level to right. **You must follow BOTH General and Alert Level Guidelines to right for the County you work in.**

Employees: Self-screening required using temperature kiosks procedures. If Alert Level requires masks, staff may remove masks while working alone in private offices.

Visitors: Cloth face covering or surgical masks required by all in Nursing Homes and Adult/Youth Inpatient Hospitals. Visitors to Nursing Homes & Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will require temperature check only.

Employees Working in Direct Patient/ Resident Care: Each patient/resident care area will be designated as being in Standard or Covid-19 Confirmed/Suspected Precautions. Units/Patients on Covid-19 Confirmed/Suspected Precautions must have it clearly posted on the entrance to the unit or patient room.

o **Standard Precautions** – Surgical Mask and Gloves required. Eye Protection (face shield, goggles or safety glasses) required during applicable isolation precautions.

o **Covid-19 Confirmed/Suspected Precautions** – N95 Mask, Eye Protection (Face shield, goggles or safety glasses), Gloves and Gown during patient encounters required.

CURRENT NCHC ALERT LEVEL RESPONSE BY COUNTY

MARATHON: HIGH	LINCOLN: HIGH	LANGLADE: HIGH
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REQUIRED PPE GUIDELINES:

- All NCHC programs required to wear masks at all times in all areas including hallways, waiting rooms and meetings. This includes staff, patients & visitors.
- **Employees:** Face coverings required while entering the building. Self-screening required using temperature kiosks procedures. Surgical masks at a minimum required while within all NCHC buildings. Staff may remove masks while working alone in private offices. Shared offices require masks.
- **Patient Care Encounters:** Eye Protection (face shields or goggles) to be worn with patient care encounters.
- **Visitors:** Cloth face covering or surgical masks required. Visitors to Nursing Homes and Adult/Youth Inpatient Hospitals will be screened using the COVID Screener. All other visitors will only require temperature check.

GENERAL:

- Clinical Areas restricted to only necessary personnel.
- Limit movement to and between clinical areas within facilities.
- No Staff flexing to alternate units if possible.

STAFF MEETINGS/BREAKS:

- No in-person staff meetings unless approved by Incident Command. Use virtual meeting options only.
- Employee potlucks restricted.
- Social distancing required in Employee Cafeteria/break areas (2 per table only). Masks must remain in place when not eating or drinking.

PROGRAM-SPECIFIC OPERATIONAL CHANGES

Information below denotes only Covid-19 Confirmed cases. Some units/patient rooms may be on Covid-19 Suspected and use same precautions until negative test results are returned.

- **Mount View:** In-Person Visiting Hours M-F: 7am – 7pm, Weekends/Holiday: 10 am – 6 pm
 - o **Covid-19 Confirmed/Suspected Precautions** – **2 positive Residents on 2 North (Northern Reflections)**. Additional PPE and Testing required by staff.
 - o 1 New Positive Employee case reported on Floor 2 Activities since last report.
 - o Visitors allowed in all NH units, must follow ALL precautions in place.
- **Pine Crest:** In-Person Visiting Hours: M-F: 9am – 6 pm, Weekends: 9am – 3pm.
 - o **Covid-19 Confirmed/Suspected Precautions** – **1 positive Resident on Long Term Care 200 Unit**. 2 New Positive Employee cases reported since last report. Additional PPE and Testing required by staff.
 - o Visitors allowed in all NH units, must follow ALL precautions in place.

Note: Lakeside Recovery/MMT: Temporarily closed. No Admissions.

Please contact your Manager for specific operational questions for your areas. Managers will use the full Alert Level Policy for all guidance.

Program Hours and Operations Online: www.norcen.org/Covid-19

